

GENERAL & ADULT PSYCHIATRY ONLINE CLINIC**Anthony James M. Tabuena, M.D.**

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MEDICAL CERTIFICATE AND CLEARANCEName: BREBONERIA, Peter II D.Age/Sex: 42/MaleBirthdate: 28 September 1980Consultation Date/Time: 21 September 2023/ 09:00 AM PST**Psychiatric Assessment:**

This is to certify that Mr. Peter D. Breboneria II, a 42 year old, male, originally from Naga City, currently residing in Quezon City, has been seen by the undersigned for the first time via MINDNATION, CO. ONLINE PSYCHIATRIC CONSULTATION dated 21 September 2023.

Subjective Data: Upon interview, the patient reported euthymic mood and uninterrupted, well-rested sleep, good appetite, and energy. He mentioned falsifying a statement that he had perceptual disturbances and delusion associated with schizophrenia and only did it for a secondary gain of having break from office. He noted atoning for this and wants to re-educate himself regarding mental health condition and how these are sensitive topics. Moreover, he has good social support and noted some mature coping styles.

Mental Status Examination: Upon consultation, he was cooperative and attentive towards the examiner. The mood was described as euthymic. The speech was spontaneous, fluent in dialect, with no word-finding difficulties and other language defects. The tone was unremarkable with normal volume, normal rate, and normal in amount. The thought process was coherent and goal-directed. He denied hallucinations: no delusions, paranoid thoughts, homicidal urges, and suicidal ideations.

Diagnosis: None

Recommendations: He had no noted mental health and psychologic disorders and only falsified a statement in conjunction to his knowledge about schizophrenic symptoms. He is FIT to work at the time of assessment. I recommend continuous insight building regarding the matter. I advised the patient to be vigilant if noted mood changes. Follow-up as needed care of psychologist.

Psychiatrist: Anthony James M. Tabuena, MDSpecialty: General & Adult PsychiatryLicense Number: 0148411Date: 21 September 2023

This certificate is issued upon her request for job requirement. This shall not be used in anyway prejudicial and is not valid for other legal purposes.

CONSENT AND CONFIDENTIALITY

By signing up for the Wellness Program, you have agreed that you:

- Understand and agree to The MindNation Terms and Conditions and Privacy policy
- Understand and consent to your rights and responsibilities, and those of your mental health professionals, as outlined in the Informed Consent